

A man and a woman are smiling and holding glasses, appearing to be in a social setting. The image is darkened to serve as a background for the text.

# altralife

ORDERING GUIDE



# SIMPLE ORDERING GUIDE STARTER PACKS

altralife



## ORDER PROCESS

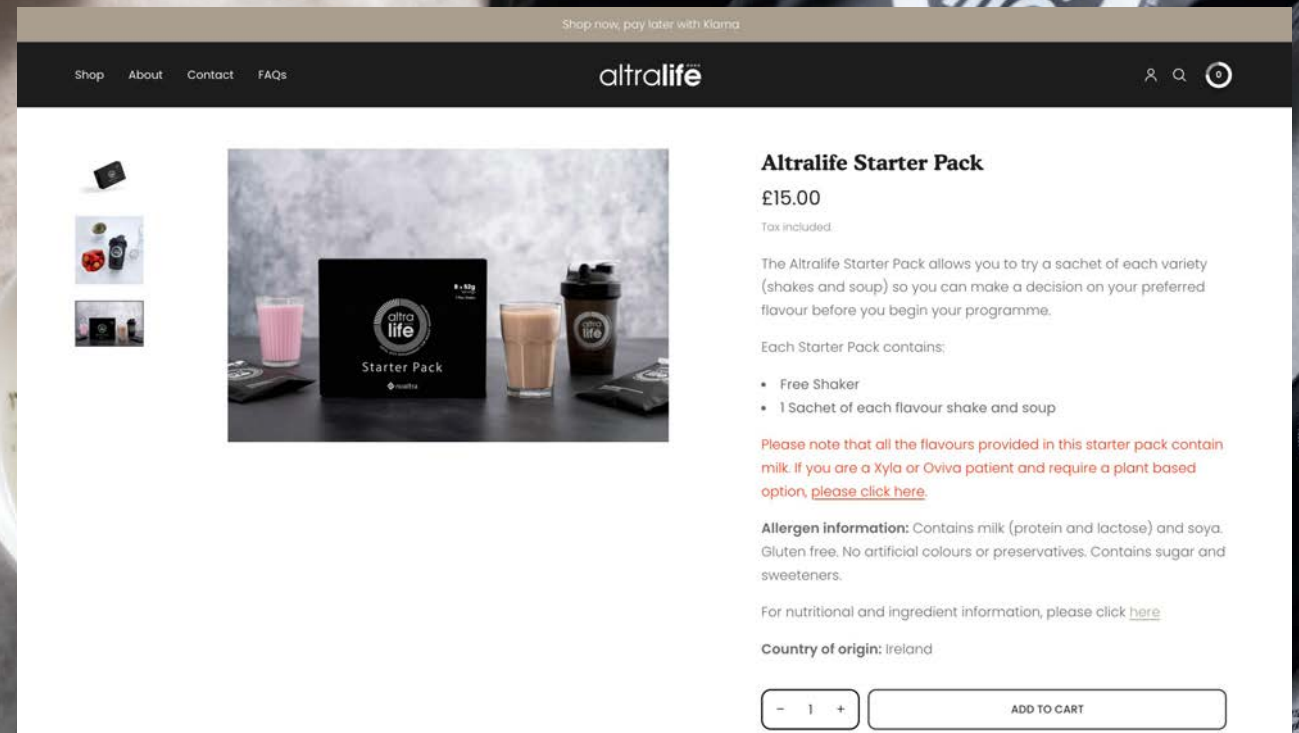
Visit [altralife.com](https://altralife.com)

Before beginning your programme, you need to order a starter pack so you can taste all flavours and decide which flavours you prefer.

You will be given a voucher code which will allow you to order a starter pack free of charge  
To order your starter pack go to:

<https://altralife.com/products/altralife-starter-pack>

Please note that all the flavours provided in this starter pack contain milk. If you require a plant-based option, please [click here](#)





## ORDER PROCESS

### Add a Starter Pack to cart

Add the starter pack to your cart and then click "CHECK OUT".



#### CART



#### Altralife Starter Pack



1 × £15.00

Edit order note



**Subtotal**

**£15.00**

[VIEW CART](#)

[CHECKOUT](#)



## ORDER PROCESS

### Add discount code

Once in check out, enter your starter pack discount code and you will see the cost reduce to zero.

**Your order is free, no payment is required. Please ensure you click apply to activate your discount code and bring your cart to £0.00**



1

Altralife Starter Pack

£15.00

Discount code

Apply

Subtotal

£15.00

Shipping

FREE

**Total**

GBP **£15.00**



## ORDER PROCESS

# Add delivery details and Complete Order

Add contact information and shipping details then click REVIEW ORDER.

Make sure you select "Free shipping"

On the next page, make sure the order value is £0 and then click COMPLETE ORDER



Your order is free. No payment is required.

**Review order**

Shipping method

**Standard · FREE**

No other methods available

**Complete order**



SIMPLE  
ORDERING GUIDE  
TDR MONTH 1 & FIBRE

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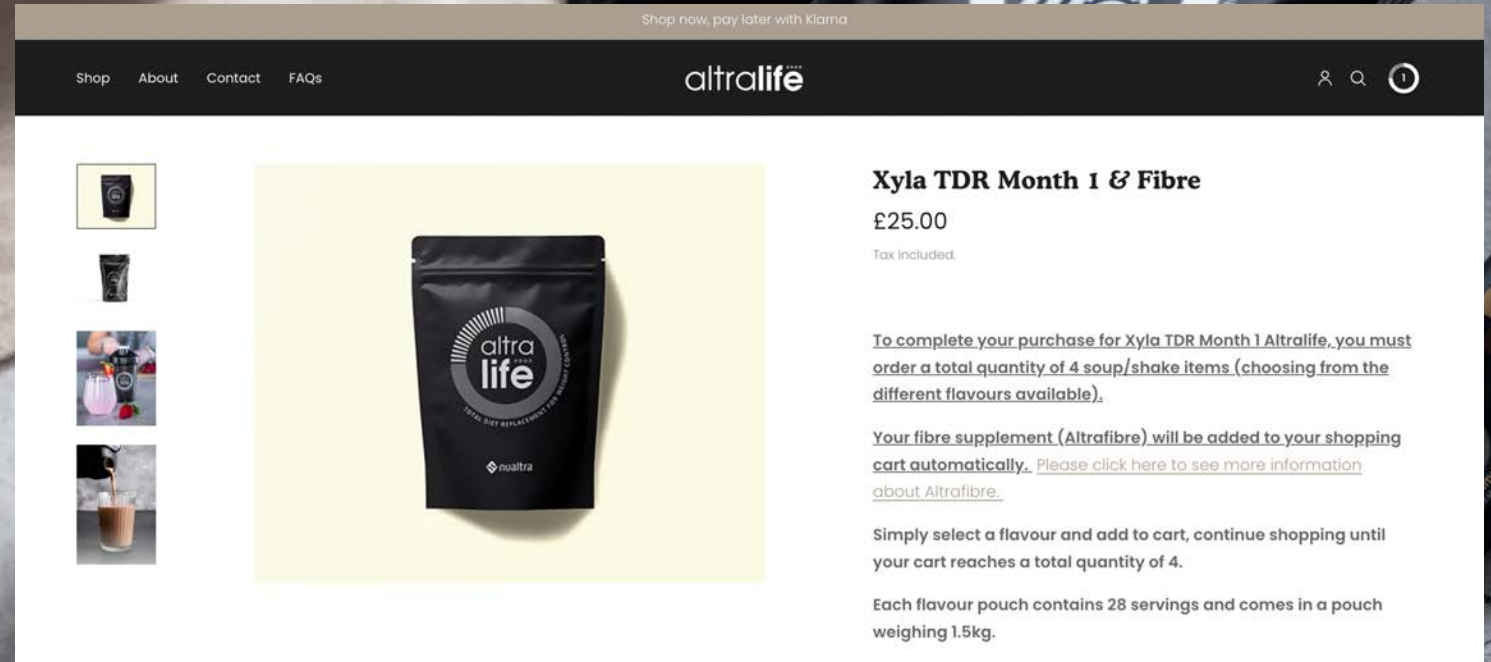
## ORDER PROCESS

### Follow the links to the TDR plan

Once you have received the starter pack and decided which are your favourite flavours, **you can now order your TDR Month1 using the direct links provided to you by Xyla in your confirmation email.**

**Follow the link provided for TDR Month 1 & Fibre:**

[TDR Month 1 & Fibre](#)





## ORDER PROCESS – Month 1

### Select flavour options

Add your preferred flavour options to cart one at a time.

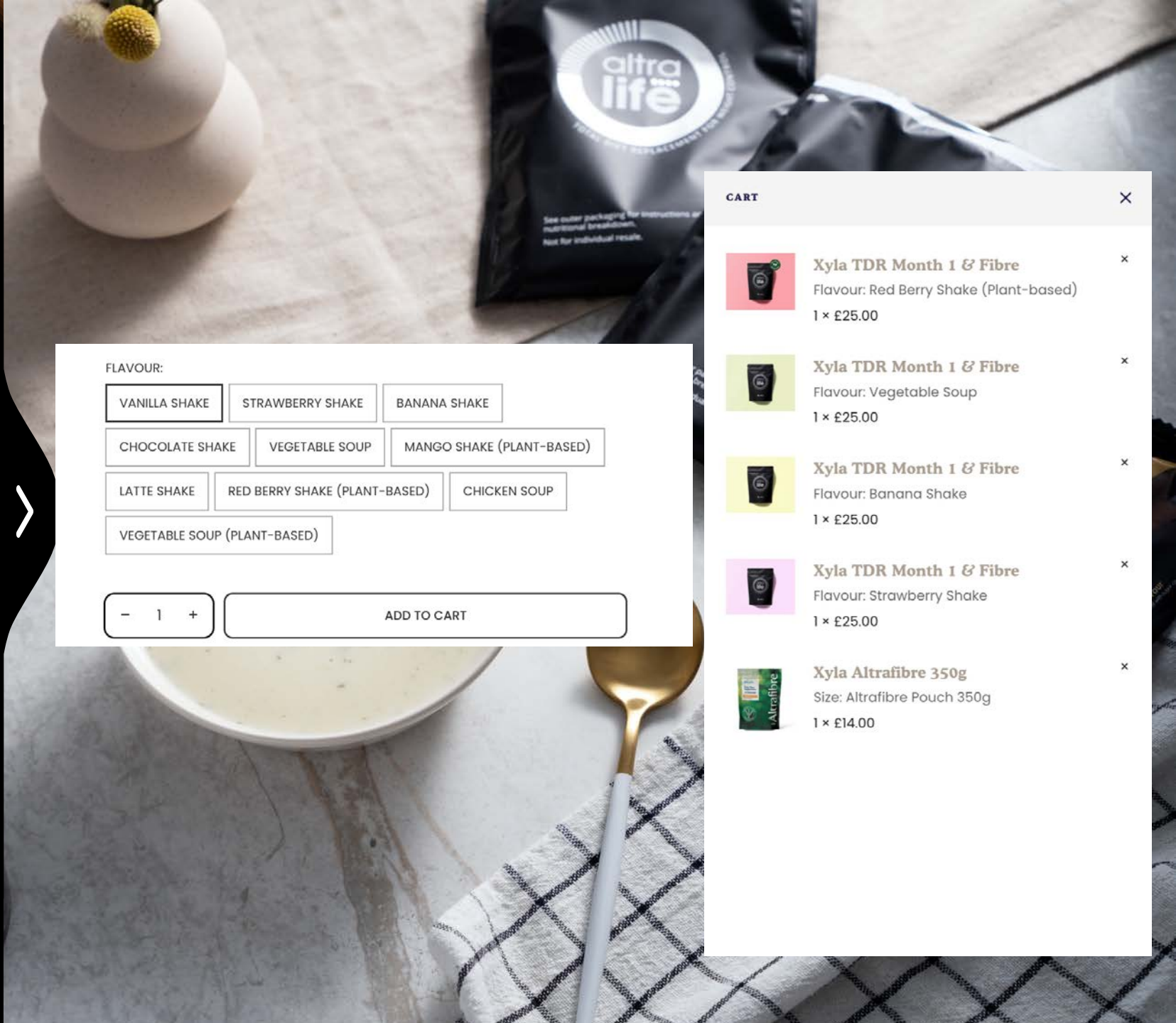
You must order a total quantity of 4 flavours.  
You can mix the flavours as much as you like but the total quantity must be 4.

Once a flavour is added to cart, select your next flavour option.

Once you reach your total quantity in the cart, select

### CHECK OUT.

**Your Fibre supplement will be added to the cart automatically like the image shown to the right.**





## ORDER PROCESS

### Complete Order

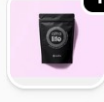
**Please enter the discount code you have been provided in your email.**

**Your order is free, no payment is required. Please ensure you click apply to activate your discount code and bring your cart to £0.00**

Complete the order process by entering your shipping information and reviewing the order.

Once you complete your order you will receive an email confirming your order.



|                                                                                     |                                                           |        |
|-------------------------------------------------------------------------------------|-----------------------------------------------------------|--------|
|  | Xyla TDR Month 1 & Fibre<br>Red Berry Shake (Plant-based) | £25.00 |
|  | Xyla TDR Month 1 & Fibre<br>Vegetable Soup                | £25.00 |
|  | Xyla TDR Month 1 & Fibre<br>Banana Shake                  | £25.00 |
|  | Xyla TDR Month 1 & Fibre<br>Strawberry Shake              | £25.00 |
|  | Xyla Altrafibre 350g<br>Altrafibre Pouch 350g             | £14.00 |

Subtotal · 5 items £114.00

Shipping FREE

**Total** GBP **£114.00**



SIMPLE  
ORDERING GUIDE  
TDR MONTH 2 & 3

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## ORDER PROCESS

Follow the links to the TDR plan

Once you are ready to begin Month 2 or 3, **you can order your TDR using the direct links provided to you by Xyla in your confirmation email.**

**The process is exactly the same, so just repeat the steps for both months.**

**Follow the link provided for TDR Month 2 or 3:**

[TDR Month 2](#)  
[TDR Month 3](#)





ORDER PROCESS – Month 2/3

## Select flavour options

Add your preferred flavour options to cart one at a time.

You must order a total quantity of 4 flavours.  
You can mix the flavours as much as you like but the total quantity must be 4.

Once a flavour is added to cart, select **CONTINUE SHOPPING** and select your next flavour option.

Once you reach your total quantity, select **CHECK OUT**.

**CART**

|  |                                                                    |   |
|--|--------------------------------------------------------------------|---|
|  | <b>Xyla TDR Month 2</b><br>Flavour: Banana Shake<br>2 × £25.00     | × |
|  | <b>Xyla TDR Month 2</b><br>Flavour: Strawberry Shake<br>1 × £25.00 | × |
|  | <b>Xyla TDR Month 2</b><br>Flavour: Vanilla Shake<br>1 × £25.00    | × |

Edit order note

**Subtotal** £100.00

[VIEW CART](#) [CHECKOUT](#)



## ORDER PROCESS

### Complete Order

**Please enter the discount code you have been provided in your email.**

**Your order is free, no payment is required. Please ensure you click apply to activate your discount code and bring your cart to £0.00**

Complete the order process by entering your shipping information.

Once you complete your order you will receive an email confirming your order.



|                                                                                     |                                                  |        |
|-------------------------------------------------------------------------------------|--------------------------------------------------|--------|
|  | <b>2</b><br>Xyla TDR Month 2<br>Banana Shake     | £50.00 |
|  | <b>1</b><br>Xyla TDR Month 2<br>Strawberry Shake | £25.00 |
|  | <b>1</b><br>Xyla TDR Month 2<br>Vanilla Shake    | £25.00 |

Subtotal · 4 items £100.00

Shipping Enter shipping address

**Total** GBP **£100.00**



SIMPLE ORDERING GUIDE  
TDR MONTH 4  
FOOD REINTRODUCTION

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## ORDER PROCESS

### Ordering for Month 4

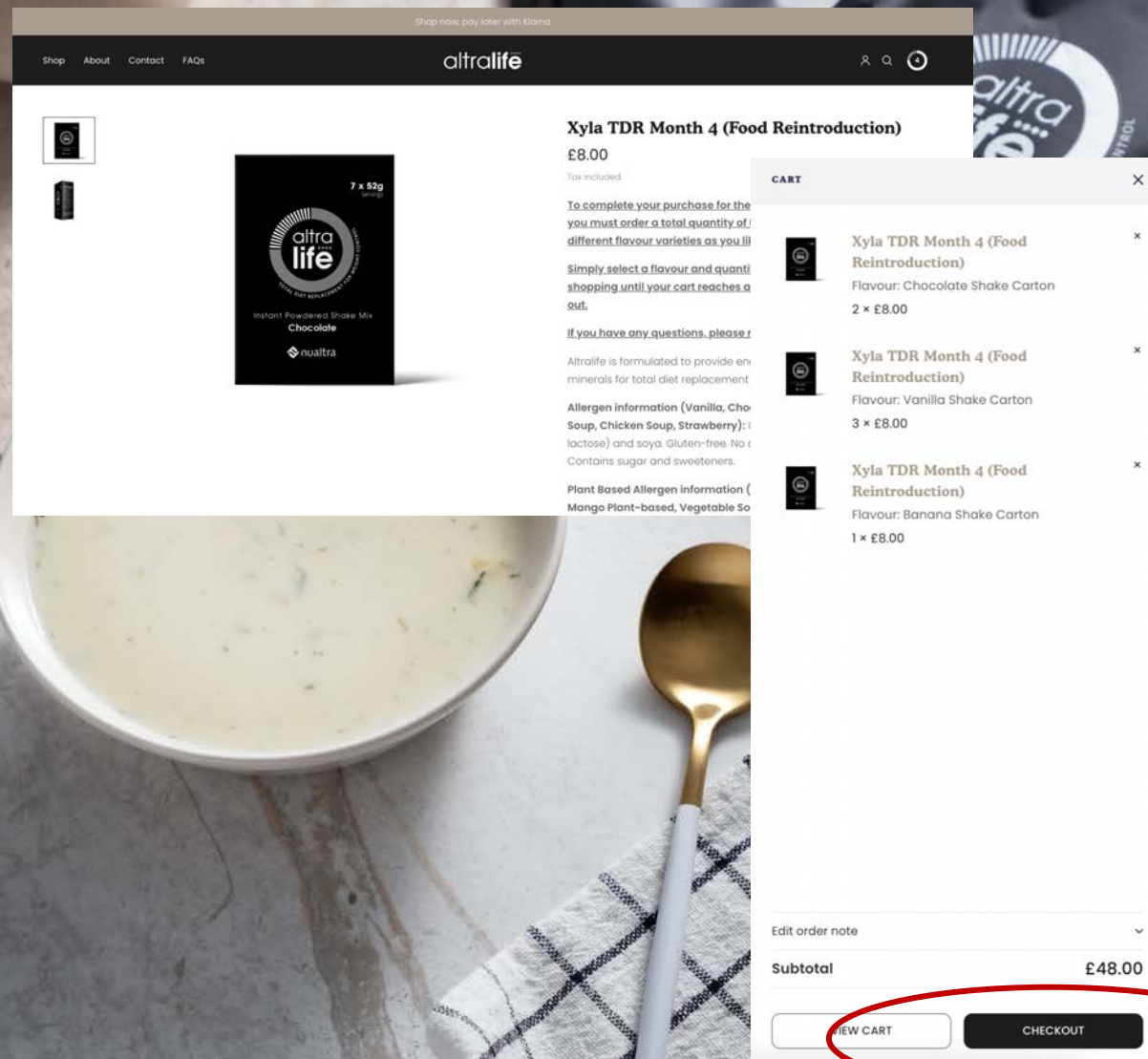
**Order Month 4 TDR using the direct links provided to you by Xyla in your confirmation email.**

**Please use the following links to order your Month 4 products:**

[TDR Month 4 \(Food Reintroduction\)](#)

For Month 4, you need to add a total quantity of 6 products to complete your purchase.

Once you reach your total quantity, select checkout.





## ORDER PROCESS

### Complete Order

**Please enter the discount code you have been provided in your email.**

**Your order is free, no payment is required. Please ensure you click apply to activate your discount code and bring your cart to £0.00**

Complete the order process by entering your shipping information.

Once you complete your order you will receive an email confirming your order.



-  **2** Xyla TDR Month 4 (Food Reintroduction) Chocolate Shake Carton £16.00
-  **3** Xyla TDR Month 4 (Food Reintroduction) Vanilla Shake Carton £24.00
-  **1** Xyla TDR Month 4 (Food Reintroduction) Banana Shake Carton £8.00

Apply

Subtotal · 6 items

£48.00

Shipping

Enter shipping address

**Total**

GBP **£48.00**



## ORDER PROCESS

### Additional Information

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Your order will take 2 working days (on average) to arrive if you order before 2pm.

If possible, please order before 2pm to make certain of fastest delivery time.

If you require any further assistance, please contact us on:

**[support@altralife.co.uk](mailto:support@altralife.co.uk)**

